

Garden Sorrel
(*Rumex acetosa*)



Season: Early spring or fall

Perennial in warm climates

Sun Exposure: Full sun

Size: 6–12 in tall

Blooms: When it bolts in summer, it produces a whorled purple flower

Maintenance Category: Low

Highlights: Leaves have a tangy, slightly sour taste

It can be grown in containers or in the ground

How to Use: Culinary—add fresh leaves to salads along with other greens, use in soups and sauces, or chopped in place of spinach in other dishes. Works well as a garden or herb bed border.