

Sage

There are many types and the information given below is applicable to all. A few common ones:

Kitchen or Culinary Sage (*Salvia officinalis*)

Tricolor

Berggarten



Season: Spring and summer

Perennial if protected from frost

Sun Exposure: Full sun

Size: 12–13 in tall

Blooms: Makes purple, blue, white, or pink flowers

Maintenance Category: Low

Highlights: Attracts butterflies and pollinators and can be propagated from cuttings.

How to Use: Culinary—a common spice in many dishes: sage butter, eat fresh in salads. Can be used as a companion plant with some vegetables such as cabbage.