

Cilantro

Cilantro (*Coriandrum sativum*)



Season: Spring or fall

Annual, but will self-seed each year

Sun Exposure: Full to partial sun

Size: 3–4 ft tall

Blooms: In summer—small white flowers

Maintenance Category: Low

Highlights: Leaves and seeds are edible, the seeds are the spice known as coriander. It does not like heat; it will bolt and go to flower and leaves become bitter.

How to Use: Culinary—leaves can be used in salsa and seeds can be used in dishes like chicken and salmon.