

## Chicory

**Chicory** (*Cichorium intybus*)

Different types: radicchio, puntarella, and wild chicory)



**Season:** Cool-season crop

**Sun Exposure:** Full sun

**Size:** Ready to harvest when 5-6 inches tall

**Blooms:** Bright blue flowers

**Maintenance Category:** Low

**Highlights:** Has a robust flavor profile with pronounced bitter notes; the leaves of most types are green and serrated, but the radicchio has red or purple leaves.

**How to Use:** leaves and roots are edible; leaves can be added to salads and some people roast the roots as a coffee substitute.

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