

Anise Hyssop

(Agastache foeniculum)



Season: Spring

Sun Exposure: Full sun, will tolerate light shade

Size: 2–3 ft tall

Blooms: Showy spikes of purplish-blue and lavender florets

Maintenance Category: Low

Highlights: Leaves have a minty, licorice flavor; attracts butterflies, hummingbirds, and other pollinators. It is a vigorous spreader (in the mint family) and can be grown in containers or in the ground.

How to Use: Culinary—teas, salads, fruit, and when cooking vegetables or meat dishes.