



# NATIVE HERBS

Matthew Herron

Capital Area Native Plant Society

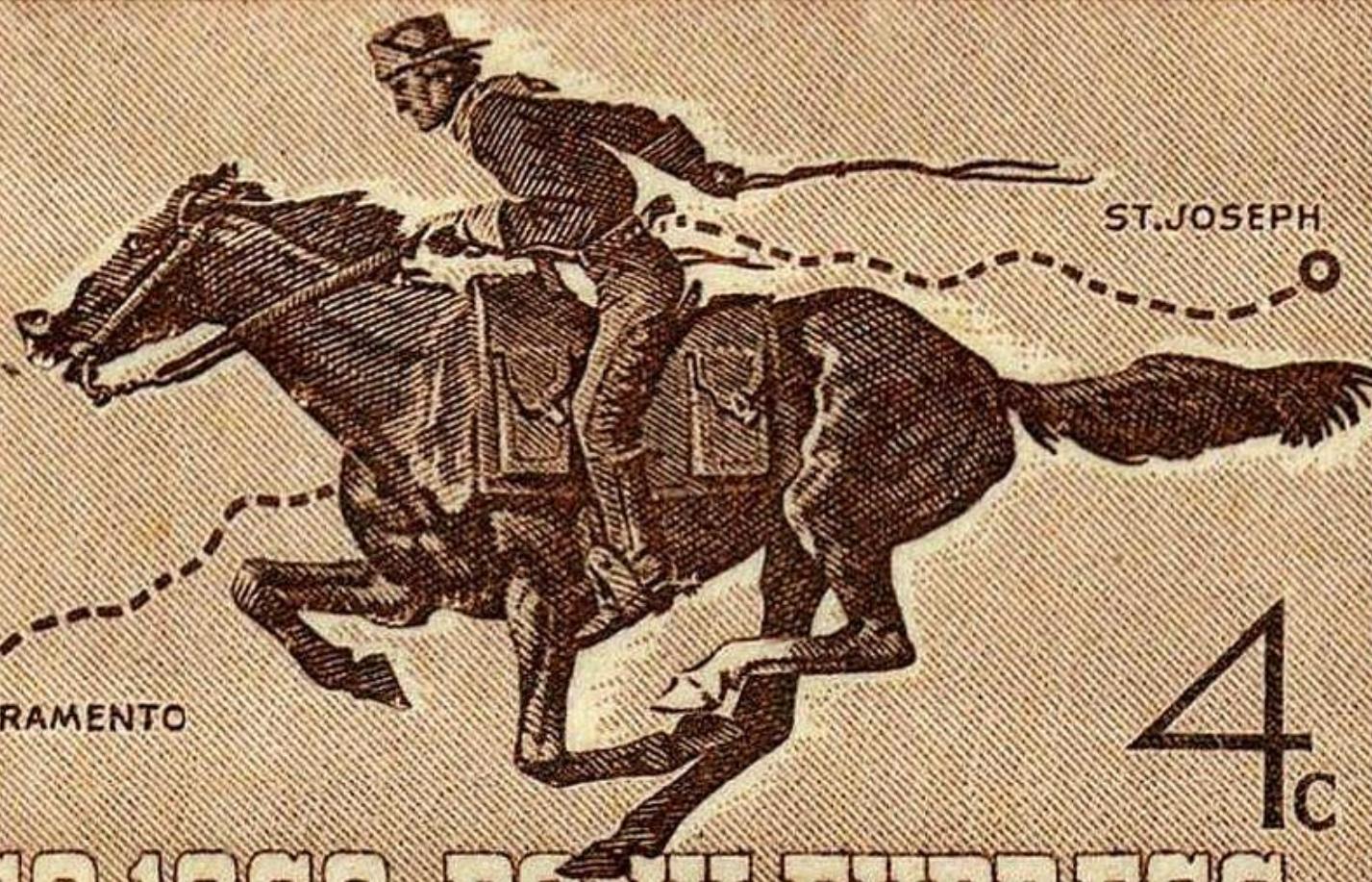
UNITED STATES POSTAGE

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SACRAMENTO

1860-1960 PONY EXPRESS







White

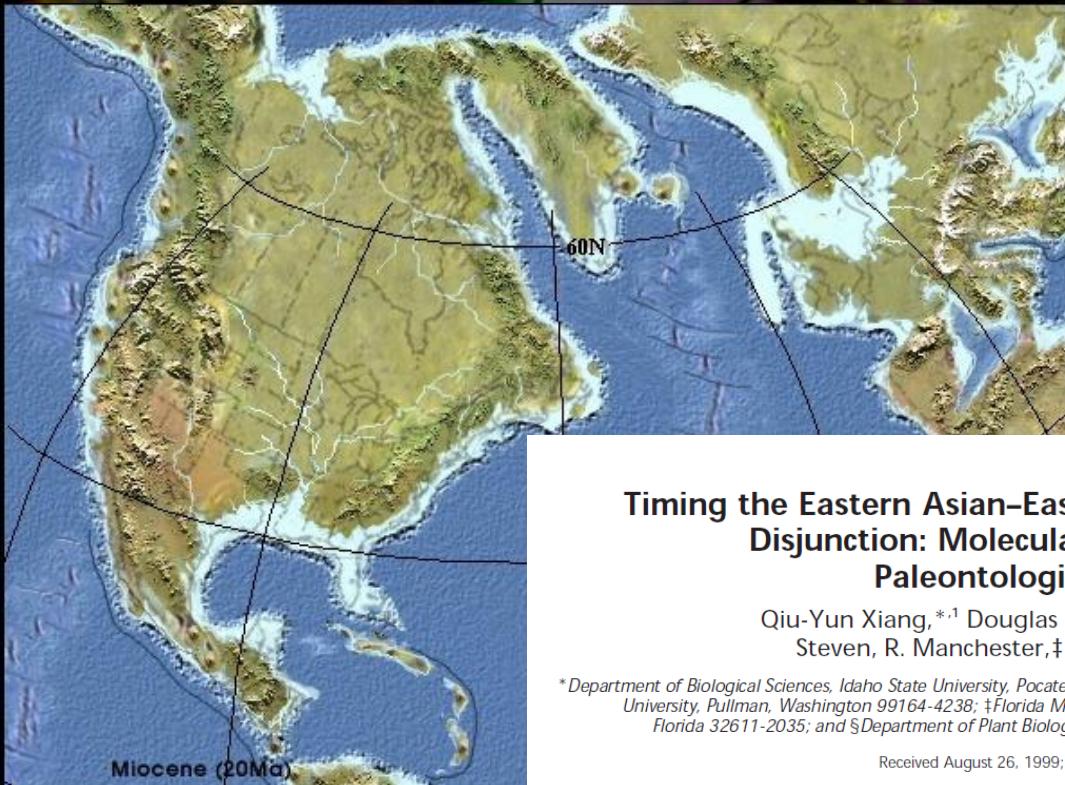
# European Traditions

- *Achillea millefolia*
- *Equisetum* sp.
- *Rubus* sp.
- *Hypericum* sp.
- *Allium* sp.
- *Sambucus* sp.



Yarrow (*Achillea millefolia*), a cosmopolitan species

# the origins of our current flora



## Timing the Eastern Asian–Eastern North American Floristic Disjunction: Molecular Clock Corroborates Paleontological Estimates

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Steven, R. Manchester,<sup>‡</sup> and Daniel J. Crawford<sup>§</sup>

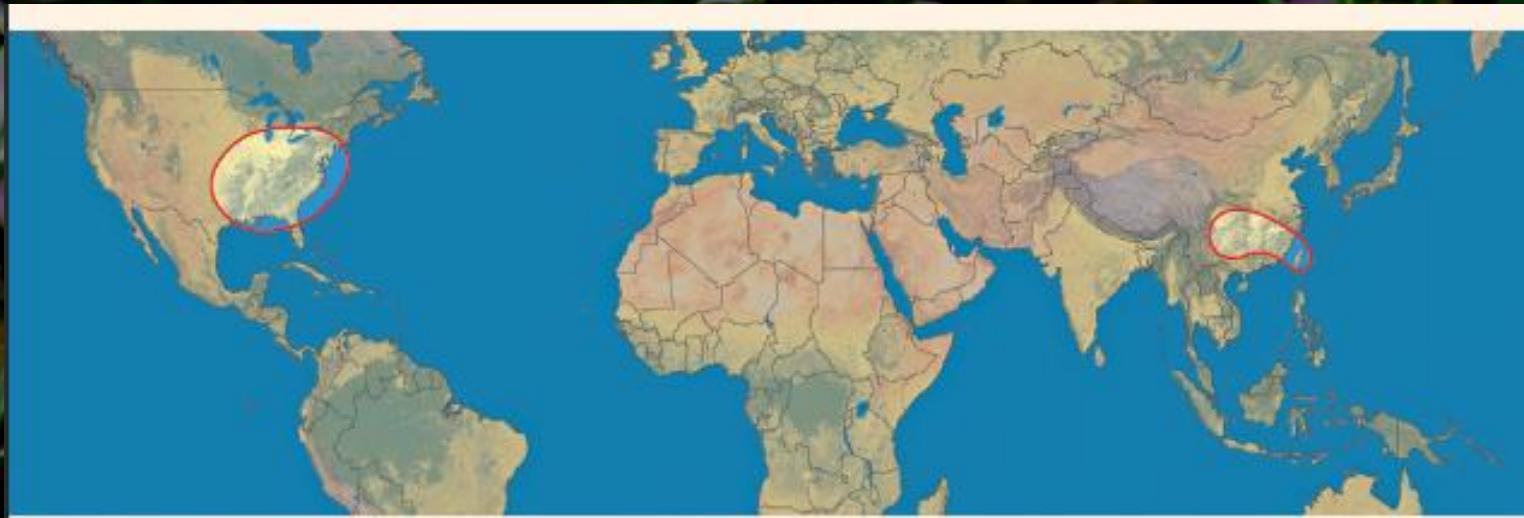
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### INTRODUCTION

Sequence data of the chloroplast gene *rbcL* were used to estimate the time of the well-known eastern Asian–eastern North American floristic disjunction. Sequence divergence of *rbcL* was examined for 22 species of 11 genera (*Campsis*, *Caulophyllum*, *Cornus*, *Decumaria*, *Liodendron*, *Menispernum*, *Mitchella*, *Pachysandra*, *Penthorum*, *Podophyllum*, and *Phryma*) representing a diverse array of flowering plants occurring disjunctly in eastern Asia and eastern North America. Divergence times of putative disjunct species pairs were estimated from synonymous substitutions, using *rbcL* molecular clocks calibrated for *Cercis*. Relative rate tests were

The eastern Asian–eastern North American floristic disjunction represents one of the most prominent intercontinental disjunctions of closely related species; approximately 65 genera of seed plants display the disjunction (Wen, 1999). This phytogeographic pattern has attracted the attention of botanists since the time of Linnaeus (see Boufford and Spongberg, 1983). During the 120 years since Asa Gray's first comparative study on the subject in 1878, the pattern has been discussed extensively, with emphasis on documenting



Native ranges of *Sassafras* species in eastern North America and eastern Asia.



Foliage of *Sassafras albidum* (left), a familiar native tree in much of the eastern United States, and of *S. tzumu* (right), native to China.

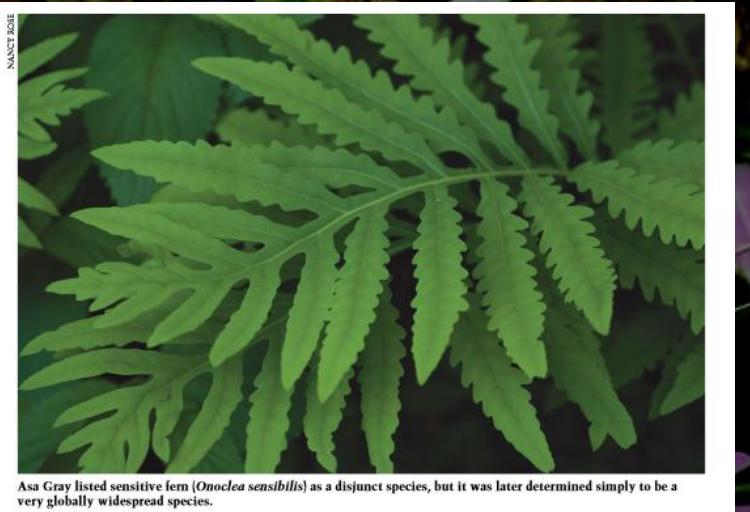
David Yih 2012 - Land Bridge Travelers of the Tertiary: The Eastern Asian–Eastern North American Floristic Disjunction



ENA meets EA: A garden path separates the eastern North American species Allegheny spurge (*Pachysandra procumbens*, left) from the eastern Asian species Japanese spurge (*Pachysandra terminalis*).



Though their flowers look similar, Chinese witchhazel (*Hamamelis mollis*), left, blooms in late winter or very early spring while common witchhazel (*Hamamelis virginiana*), right, blooms in late fall or early winter in eastern North America.



Asa Gray listed sensitive fern (*Onoclea sensibilis*) as a disjunct species, but it was later determined simply to be a very globally widespread species.



Cultivated Chinese ginseng (*Panax ginseng*), left, and a fruiting specimen of American ginseng (*Panax quinquefolius*), right.

David Yih 2012 - Land Bridge Travelers of the Tertiary: The Eastern Asian–Eastern North American Floristic Disjunction



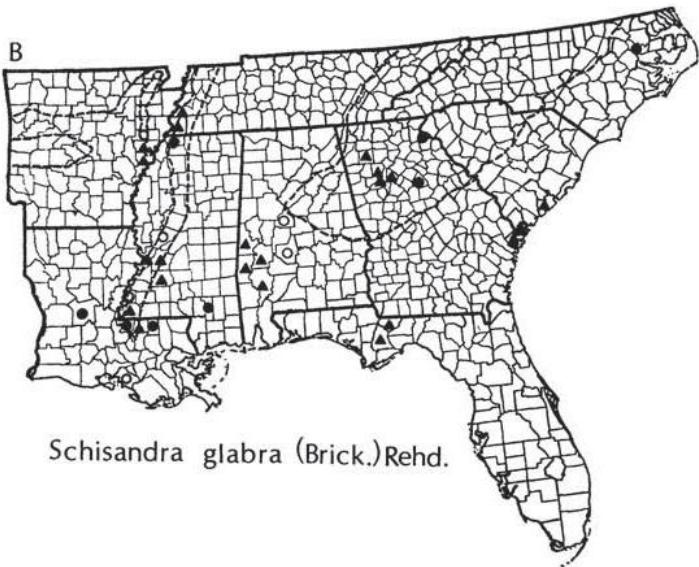
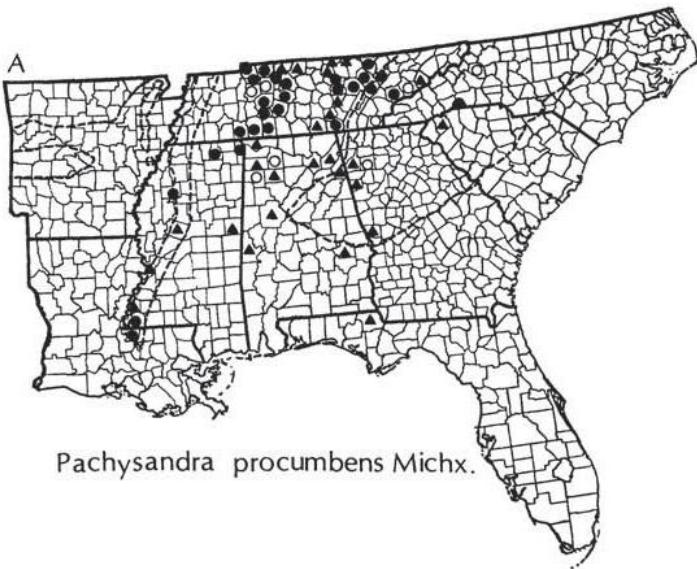


Fig. 4.—Distributions of (a) *Pachysandra procumbens* and (b) *Schisandra glabra* in the southeastern United States. (See Fig. 2 for a key to symbols used.)



Allgheny Spurge (*Pachysandra procumbens*)

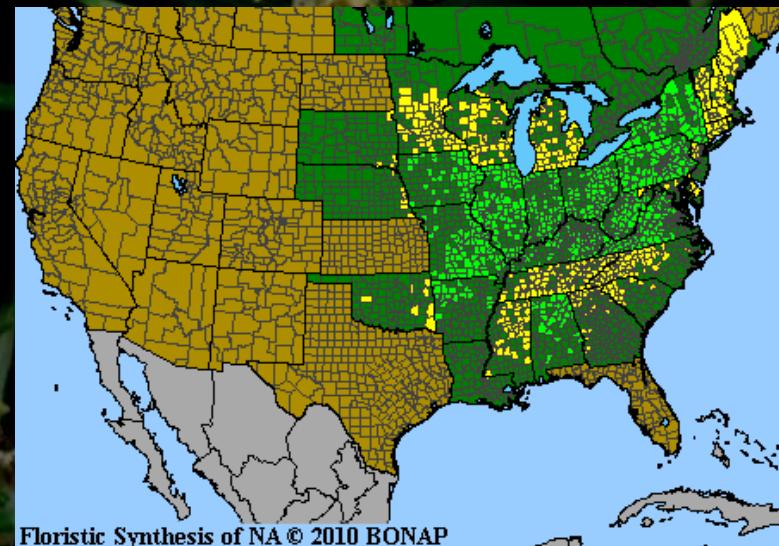
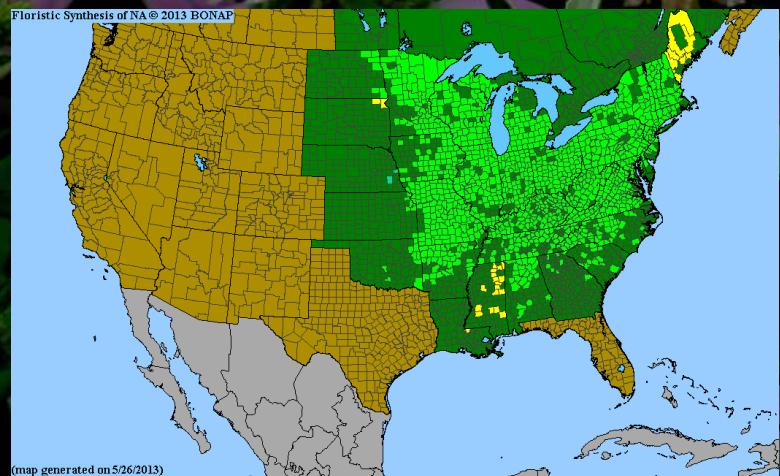


Bay Starvine (*Schisandra glabra*)

Canada Wild Ginger (*Asarum canadensis*)



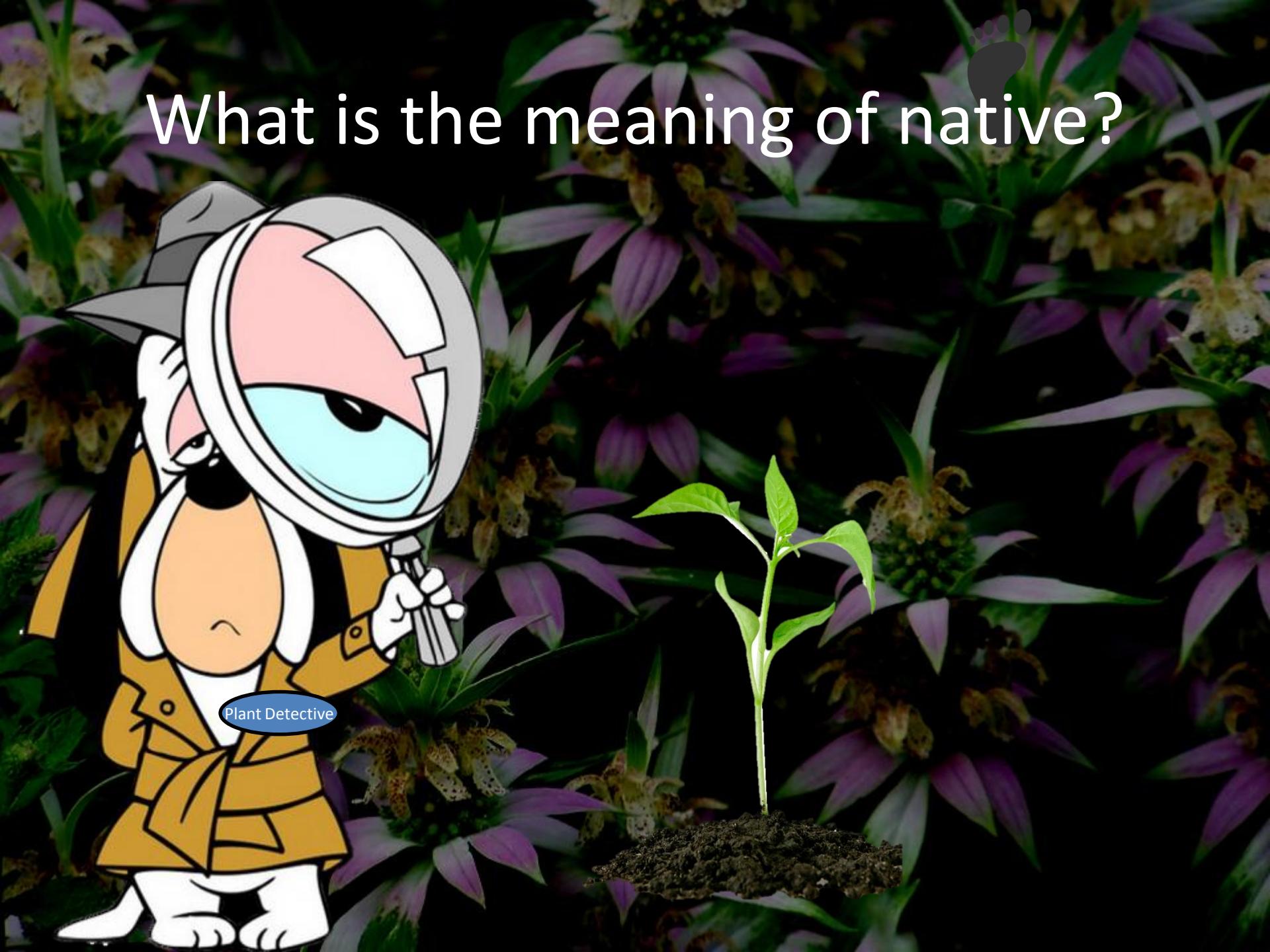
American Ginseng (*Panax quinquefolia*)



A dense field of purple coneflowers (Echinacea) with their characteristic purple petals and yellow centers. The flowers are set against a dark, out-of-focus background, creating a soft, natural texture.

# HELP CONSERVE NATIVE HERBS

PROPAGATE SEEDS AND CUTTINGS  
SUPPORT HABITAT CONSERVATION  
RECONNECT WITH NATURE



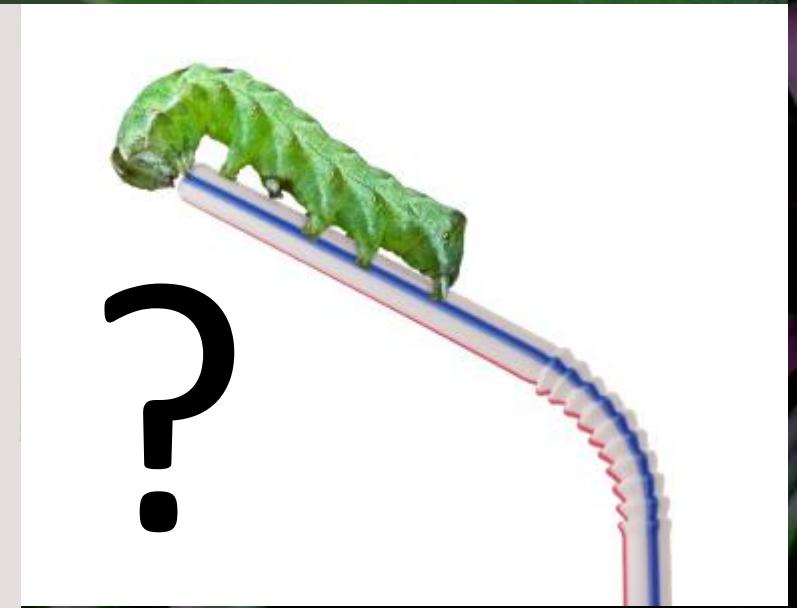
# What is the meaning of native?

Plant Detective



# Interactions & Relationships

What does a glass of root beer have to do with a caterpillar?



# Spicebush Swallowtail Caterpillar

*Papilio troilus*



# Spicebush Swallowtail Caterpillar

*Papilio troilus*





# Herbivores Drive the Evolution of Secondary Compounds in Plants

- Spices
- Medicines
- Fragrances
- Poisons
- Preservatives

## Evolutionary Arm's Race

# The Evolutionary Arm's Race

Is a Positive Feedback Loop

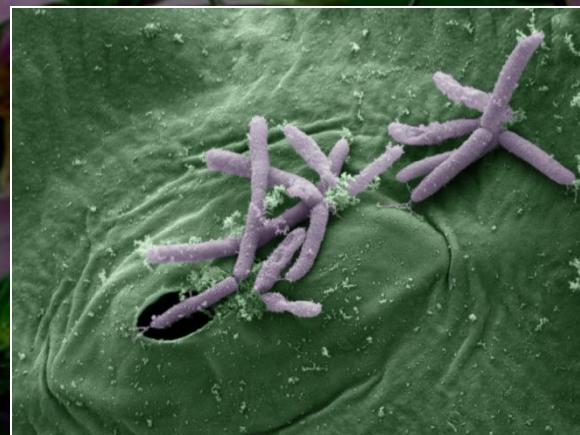
Prey

Improved  
Defense /  
Evasion

Improved  
Predation

Predator







*Platanthera ciliaris* orchid being pollinated by a Pipevine Swallowtail butterfly.  
Note pollinia attached to the eyes of the butterfly...

The background of the image is a close-up, low-angle shot of a field of purple coneflowers. The flowers have distinct purple, pointed petals surrounding a bright yellow-green center. The plants are densely packed, creating a textured, repeating pattern across the frame.

TEXAS

# Yaupon (*Ilex vomitoria*)



# Wax Myrtle (*Morella cerifera*)



# Wood Nettle (*Laportea canadensis*)



©Ken Childs



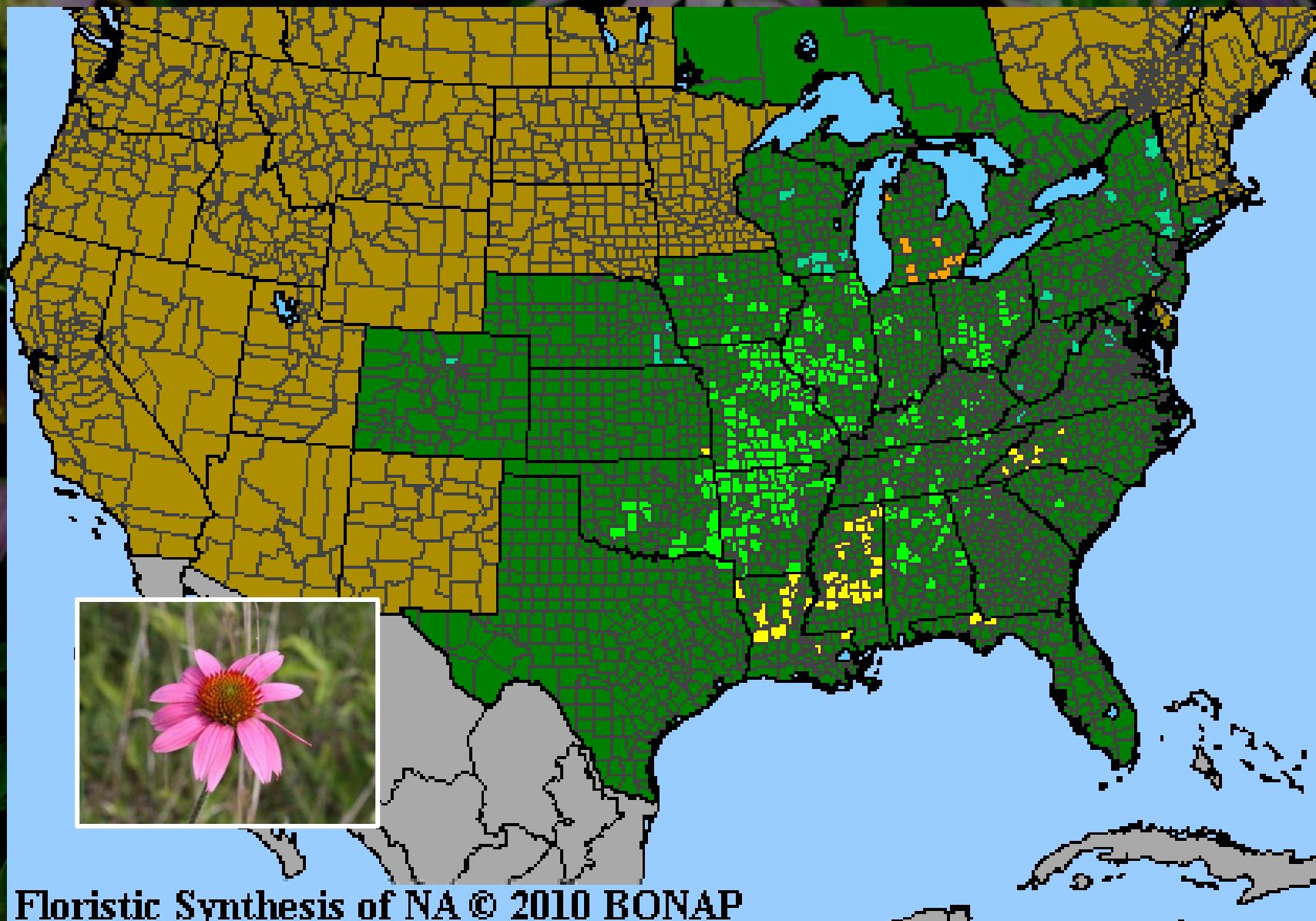
# Heartleaf Nettle (*Urtica chamaedryoides*)



©Ken Childs







Floristic Synthesis of NA © 2010 BONAP

*Echinacea purpurea*

# Slippery Elm (*Ulmus rubra*)





# FRAGRANCES

# Star Anise (*Illicium floridanum*)



# Blue Water Hyssop (*Bacopa caroliniana*)



# Spring Spiderlily (*Hymenocallis liriosome*)





# MEDICINES

# Jewelweed (*Impatiens capensis*)



# Beautyberry (*Callicarpa americana*)



# Wild Garlic (*Allium canadensis*)





SPICES

# Red Bay (*Persea borbonia*)



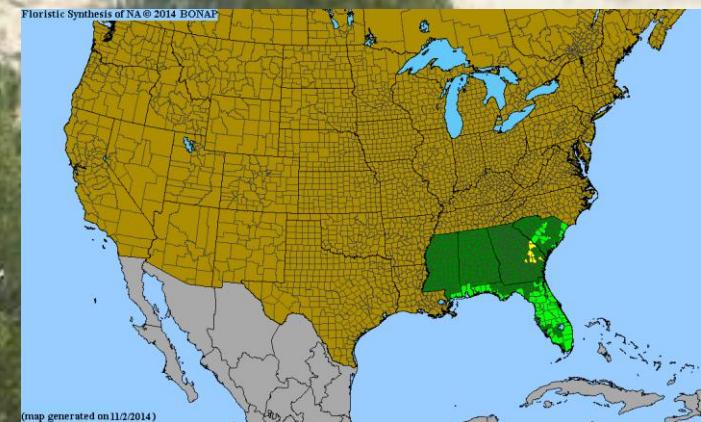
# Whiteleaf Mountainmint (*Pycnanthemum albescens*)



# Spotted Horsebalm (*Monarda punctata*)



Copyright 2003 Univ. Florida  
Photo by A. Murray  
**Florida rosemary**  
*Ceratiola ericoides*



# Lemon Balm (*Monarda citriodora*)



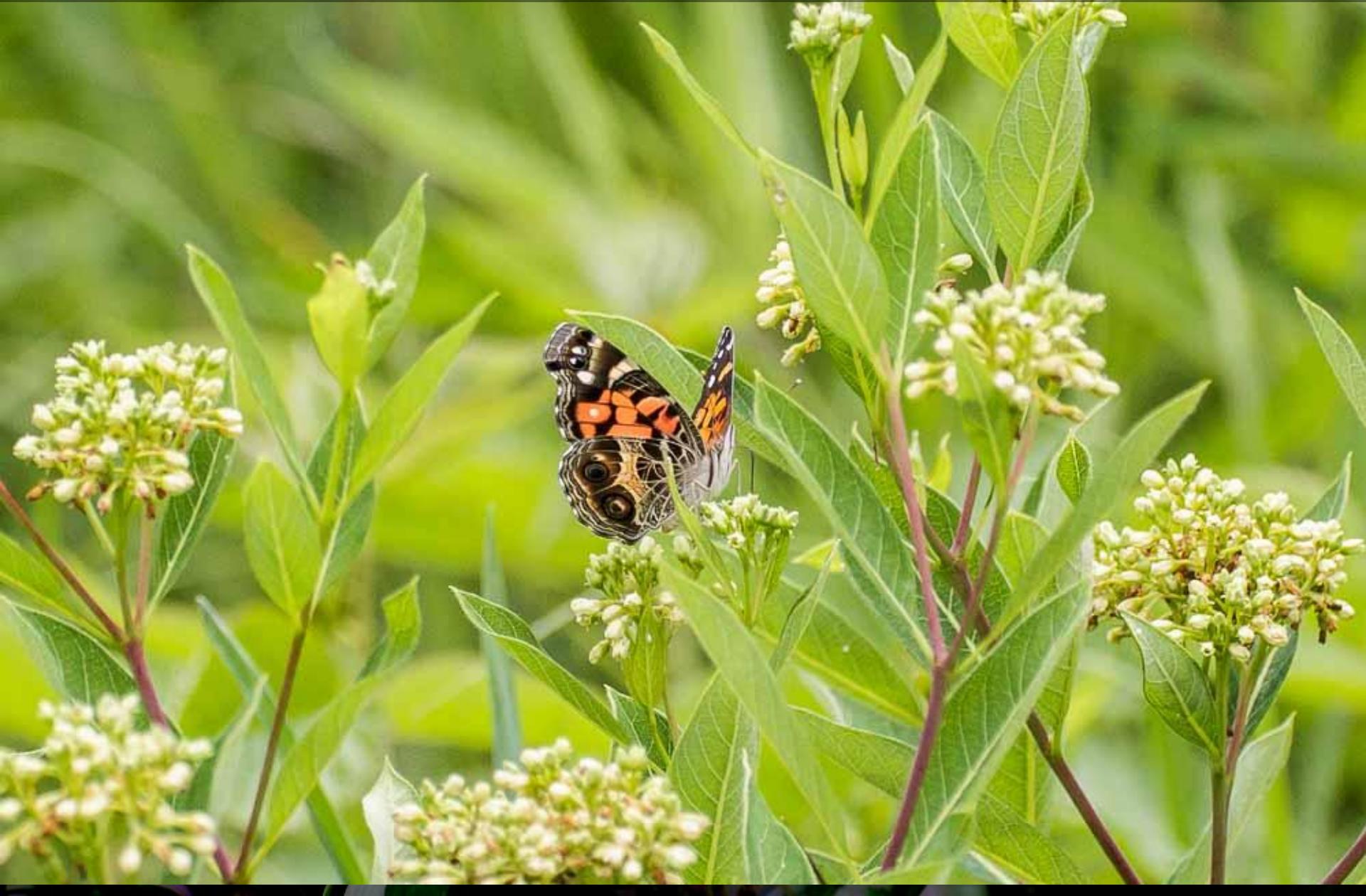
The background of the image is a close-up photograph of a field of purple coneflowers. The flowers have distinct purple, pointed petals surrounding a bright yellow, spiky center. Green, serrated leaves are visible at the base of the stems. The lighting is natural, highlighting the textures of the flowers and leaves.

CORDAGE

# Butterflyweed (*Asclepias tuberosa*)



# Dogbane (*Apocynum cannabinum*)



# Basket Oak (*Quercus michauxii*)



The background of the image is a close-up photograph of a field of purple coneflowers. The flowers have long, thin, green leaves and are a vibrant shade of purple. The centers of the flowers are yellow and green, with some brownish, dried-out parts visible. The flowers are densely packed, creating a textured, repeating pattern across the frame.

DYES

# Plains Coreopsis (*Coreopsis tinctoria*)



# White Wild Indigo (*Baptisia alba*)



# Horsesugar (*Symplocos tinctoria*)



The background of the image is a close-up photograph of a field of purple coneflowers. The flowers have distinct purple petals and a prominent yellow center (cone). They are densely packed, creating a textured pattern across the frame.

# INVASIVES

# Camphor Tree (*Cinnamomum camphora*)



camphor tree  
*Cinnamomum camphora*  
Photo by Phil Chiocchio  
© 2009 University of Florida



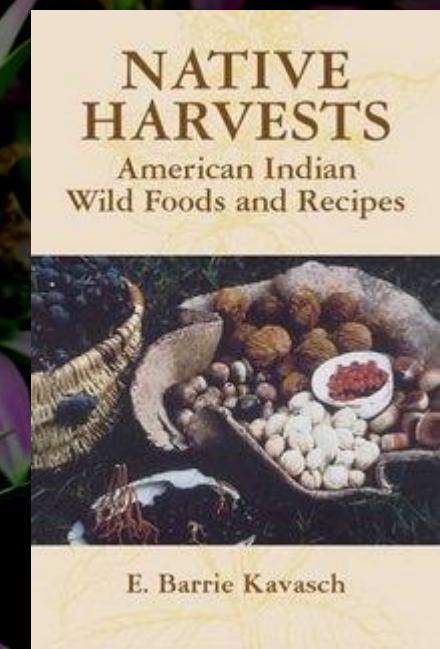
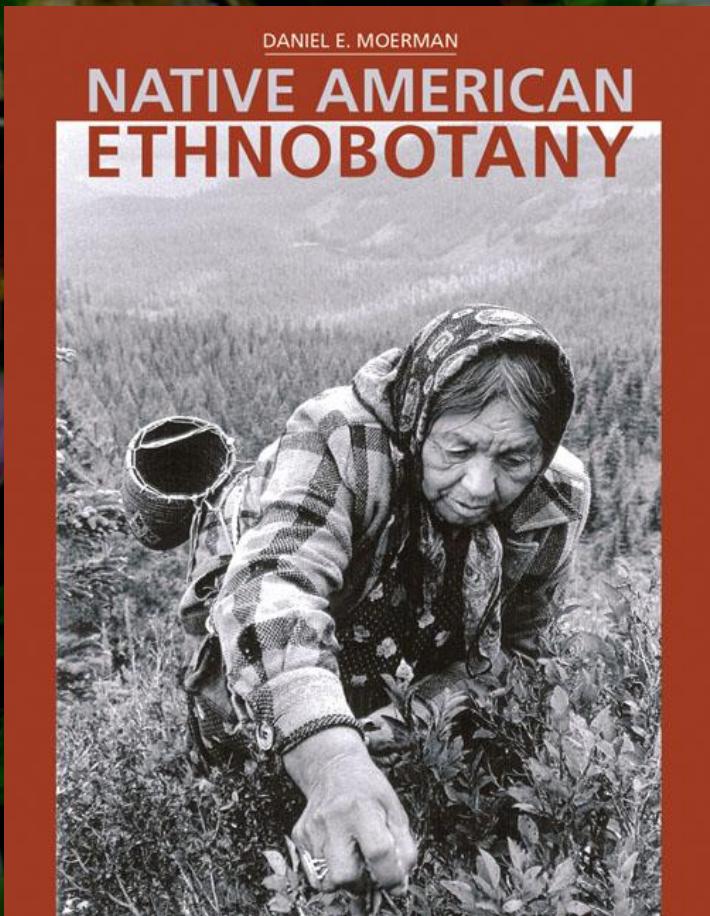
# Beafsteak Plant (*Perilla frutescens*)



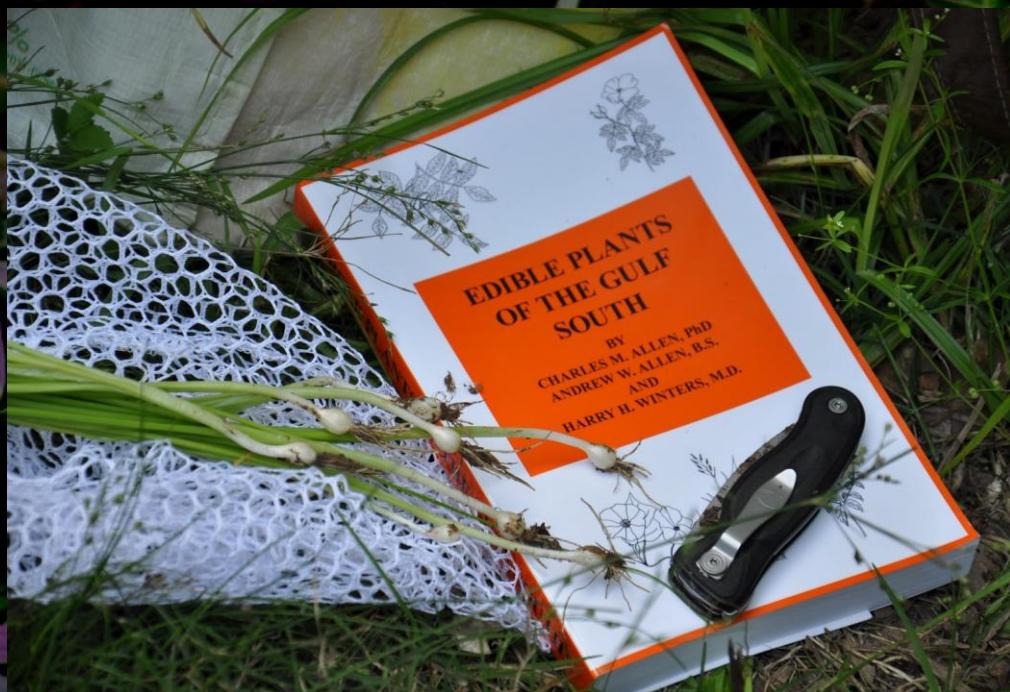
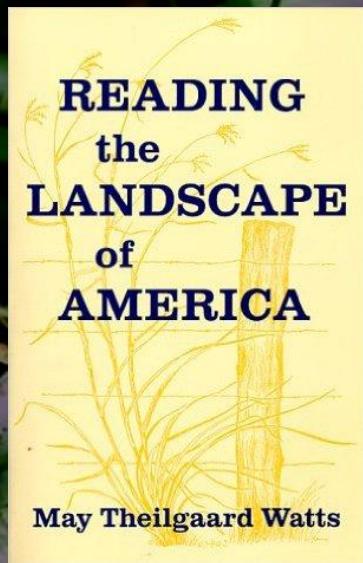
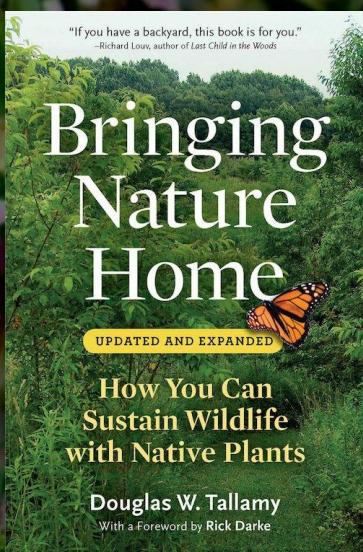
# HELP STOP INVASIVE HERBS

HARVEST INVASIVES  
AVOID SPREADING SEED AND PROPAGULES  
RECONNECT WITH NATURE

# Further Reading



# Further Reading



The background of the image is a close-up, low-angle shot of a field of purple coneflowers. The flowers have distinct purple, pointed petals surrounding a bright yellow-green center. The plants are densely packed, creating a textured, repeating pattern across the frame.

QUESTIONS  
INATURALIST.ORG